

SPITALUL DE PNEUMOTIZIOLOGIE FLOREȘTI  
STR. Gh. Gr. Cantacuzino nr. 44, Jud. Prahova  
C.U.I.: 16616504z

Tel/fax: 0244 369.215/0244 369.321  
Email: tbcflorestiph@yahoo.com



**MENIUL ZILEI – 29.09.2026 - TBC-MDR**

**Marti**

| Mic dejun: ora 08,15-09,00                                                                                                                                                                                                                                  | Pranz: ora 13,00-13,45                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Cina: ora 17,45-18,30                                                                                                                                                                                                                                                                                                                            |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>C,D:</b> Ceai, parizer, branza telemea<br>300/100/100<br><b>R,Rh,Dds:</b> Ceai, parizer, branza vaci<br>300/100/100<br><b>Rg,Rd:</b> Ceai, paine prajita, branza vaci<br>300/100<br><b>Rs:</b> Ceai, pate vegetal (100g), branza telemea<br>300/1buc/100 | <b>Felul I:</b><br><b>C,R,Rh,D,Dds:</b> Ciorba de pui a la grec<br>400/80<br><b>Rd,Rg:</b> Supa de morcovi<br>400<br><b>Rs:</b> Ciorba de spanac cu orez<br>400<br><b>Felul II:</b><br><b>C,R:</b> Ciulama cu pui si ciuperci + mamaliguta<br>300/120/200<br><b>Rg,Rd,Rh:</b> Sufleu din branza de vaci cu morcov si pui la cuptor<br>300/120<br><b>D,Dds:</b> Tocanita de ciuperci cu pui si mamaliguta<br>300/120/200<br><b>Rs:</b> Tocanita de ciuperci cu mamaliguta<br>300/200<br><b>Desert:</b> C,R,Rh,Rs,Rg,Rd: Minicheg (50g)<br>D,Dds: Mar. | <b>Felul I:</b><br><b>C,D:</b> Ghiveci de legume cu carniati<br>300/50<br><b>R:</b> Ghiveci de legume cu pui<br>300/100<br><b>Rg,Rd:</b> Cartofi copti cu pui<br>300/100<br><b>Rs:</b> Ghiveci calugaresc<br>300<br><b>Felul II:</b><br><b>C,R,Rd,Rg,Rh,Rs:</b> Budinca de paste cu branza<br>300/100<br><b>D,Ds:</b> Paste cu branza<br>100/100 |

SUPLIMENT DIABET, Dds, Rs, Rg: ora 10,00: Iaurt (130gr)  
SUPLIMENT DIABET, Dds: ora 16,00: Conserva peste (185g)  
SUPLIMENT DIABET, Dds: ora 20,00: Cascaval pane

Legenda:

C – comun  
R – regim desodat  
Rh – regim hepatic  
Rsp – regim special

Rd – regim diareic  
D – diabet  
Dds – diabet desodat  
Rg – regim gastric

Intocmit:  
As. Radu Cristina



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**Luni** **MENIUL ZILEI – 28.09.2026 - TBC-MDR**

| Mic dejun: ora 08,15-09,00                                                                                                                                                                        | Pranz: ora 13,00-13,45                                                                                                                                                                                                                                                                                                                                         | Cina: ora 17,45-18,30                                                                                                                                                                                                                                                                                                    |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| C,R,Rh,D,Dds:<br>Ceai, cremwursti, mustar, branza topita<br>300/1buc/30gr./2buc<br>Rd,Rg: Ceai, paine prajita, branza vaci<br>300//1oog<br>Rs: Ceai, branza vaci, unt, gem<br>300/100g/2 buc/2buc | <b>Felul I:</b><br>C,R,Rh,D,Dds,Rd,Rg: Supa de pui cu fidea<br>Rs: Supa de linte<br><br><b>Felul II:</b><br>C,R,Rh,Rg,D,Dds: Mancare de fasole verde cu pui 300/120<br>Rg,Rd: Budinca de legume cu pui 300/120<br>Rs: Mancare de fasole verde cu snitel de soia 300/120<br><br><b>Desert:</b> C,R,Rh,Rs,Rg,Rd: Prajitura Magura (35g) 1buc<br>D,Dds: Kiwi 1buc | <b>Felul I:</b><br>C,R: Salata de boeuf 300<br>Rs: Salata orientala 300<br>Rh,Rd,Rg: Cartofi natur cu pui la cuptor 300/100<br>D,Dds: Mancare de rosii cu pui 300/100<br><br><b>Felul II:</b><br>C,R,Rh,Rs: Compot de visine 300<br>D,Dds: Compot dietetic asortat 300<br>Rg,Rd: Ceai de menta + Biscuiti (100) 300/1buc |

SUPLIMENT DIABET, Dds, Rg, Rs: ora 10,00: lăut(130g)

SUPLIMENT DIABET, Dds: ora 16,00: Pate ficat(100g)

SUPLIMENT DIABET, Dds: ora 20,00: Branza Fagaras(185g)

Legenda:

C -- comun

R -- regim desodat

Rh- regim hepatic

Rsp- regim special

Rd -- regimdiareic

D -- diabet

Dds -- diabet desodat

Rg --regim gastric

Intocmit:

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# MENIUL ZILEI – 30.09.2026 - TBC-MDR

Miercuri

| Mic dejun: ora 08,15-09,00                                                                                                                                                                                                                                                                                            | Pranz: ora 13,00-13,45                                                                                                                                                                                                                                                                                                                                                       | Cina: ora 17,45-18,30                                                                                                                                                                                                                                                                                                             |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| C,D: Ceai, pate ficat(100g), branza topita, rosie<br>300/1 buc. /2buc/1buc<br>R, Rh, Dds: Ceai, pate ficat(100g), branza topita, rosie<br>300/1 buc. /2buc/1buc<br>Rs: Ceai, pate vegetal(100g), branza topita, rosie<br>300/1 buc. /2buc/1buc<br>Rg, Rd: Ceai, paine prajita, branza vaci, ou fiert<br>300/100g/1buc | <b>Felul I:</b><br>C, R, D: Supa de pui cu galusti<br>Rg, Rd, Rh, Dds: Supa de pui cu galusti<br>Rs: Supa de linte<br><br><b>Felul II:</b><br>C, R: Pilaf pulpe pui la cuptor<br>Rg, Rh: Orez cu piept de pui la cuptor<br>D, Dds: Mancare de rosii cu pui<br>Rs: Orez cu curry si snitel de soia<br><br><b>Desert:</b> C, R, Rh, Rs: Mar<br>D, Dds: Mar<br>Rg, Rd: Mar copt | <b>Felul II:</b><br>C, R, D, Dds: Mancare de spanac cu ficat de pui 300/80<br>Rh, Rg, Rd: Conopida gratinata cu ficat pui la capac 300/80<br>Rs: Mancare de spanac cu cascaval pane 300/80<br><br><b>Felul II:</b><br>C, R, Rh, Rs, D, Dds: Mamaliguta cu branza si smantana 200/185<br>Rg, Rd: Mamaliguta cu branza vaci 200/100 |

SUPLIMENT DIABET, D, Dds, Rs, Rg, ora 10,00: Iaurt(130gr)  
SUPLIMENT DIABET, Dds: ora 16,00: Cascaval pane  
SUPLIMENT DIABET, Dds: ora 20,00: Iaurt(130gr)

## LEGENDA:

C – comun  
R – regim desodat  
Rh- regim hepatic  
Rsp- regim special  
  
Rd –regim diareic  
D – diabet  
Dds – diabet desodat  
Rg- regim gastric

Intocmit:  
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**Joi MENIUL ZILEI - 01.10.2026 - TBC-MDR**

| Mic dejun: ora 08,15-09,00                                                                                                                                                                                                                 | Pranz: ora 13,00-13,45                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Cina: ora 17,45-18,30                                                                                                                                                                                                                                                                                                                                                                                                    |
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| <b>C,R,Rs:</b> Ceai, unt, gem, branza topita, salam<br><b>300/2buc/2buc/2buc/50g</b><br><b>D,Ds:</b> Ceai, pate ficat (100g), branza topita<br><b>300/1buc/2buc</b><br><b>Rd,Rg,Rh:</b> Ceai, paine prajita, branza vaci<br><b>300/100</b> | <b>Felul I:</b><br><b>C:</b> Ciorba de fasole bob<br><b>R,Rs,D,Dds:</b> Supa de rosii cu fidea<br><b>Rh,Rg:</b> Supa de pui cu fidea<br><br><b>Felul II:</b><br><b>C,R:</b> Piure cartofi cu snitel de porc<br><b>Rd,Rh,Rg:</b> Piure cartofi cu piept de pui pe plita<br><b>300/100</b><br><b>D,Dds:</b> Piure legume cu snitel de porc<br><b>300/100</b><br><b>Rs:</b> Piure cartofi cu snitel de soia<br><b>300/100</b><br><b>Desert:</b> C,R,Rh,Rs: Croissant (80g)<br><b>1buc</b><br><b>D,Dds:</b> Mar<br><b>1buc</b><br><b>Rd,Rg:</b> Mar copt<br><b>1buc</b> | <b>Felul I:</b><br><b>C,D:</b> Zacusca cu carnati<br><b>300/50</b><br><b>R:</b> Zacusca cu pui<br><b>300/80</b><br><b>Rg,Rd,Rg:</b> Budinca legume cu pui<br><b>300/100</b><br><b>Rs:</b> Zacusca cu ciuperci<br><b>300</b><br><br><b>Felul II:</b><br><b>C,R,Rh,Rg,Rs:</b> Gris cu lapte<br><b>300</b><br><b>D,Dds:</b> Lapte neindulcit<br><b>300</b><br><b>Rd:</b> Ceai de menta + Biscuiti (100g)<br><b>300/1buc</b> |

SUPLIMENT DIABET, Dds, Rg, Rs ora 10,00: Iaurt (130gr)

SUPLIMENT DIABET, Dds: ora 16,00: Branza vaci

SUPLIMENT DIABET, Dds: ora 20,00: Ficat pui la capac

Legenda:

C -- comun

R -- regim desodat

Rh- regim hepatic

Rsp- regim special

Rd -- regim diareic

D -- diabet

Dds -- diabet desodat

Rg- regim gastric

Intocmit:

As. Radu Cristina



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**Vineri** **MENIUL ZILEI - 02.10.2026 - TBC-MDR**

| <b>Mic dejun:</b> ora 08,15-09,00                                                                                                                                                                                           | <b>Pranz:</b> ora 13,00-13,45                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | <b>Cina:</b> ora 17,45-18,30                                                                                                                                                                                                                                                                                                                                             |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>C,R,Rh,Rs:</b> Ceai, unt, gem, cascaval<br>300/2buc/2buc/100g<br><b>D,Dds:</b> Ceai, pate ficat, unt, cascaval<br>300/100g/2buc/100g<br><b>Rg,Rd:</b> Ceai, paine prajita, branza<br>vacii, pate ficat<br>300//100g/100g | <b>Felul I:</b><br><b>C,R,D,Dds:</b> Ciorba de perisoare<br>400/100<br><b>Rg,Rd,Rh:</b> Supa de pui cu legume<br>400/80<br><b>Rs:</b> Supa de linte<br>400<br><br><b>Felul II:</b><br><b>C,D,Dds:</b> Varza cu ciolan afumat si mamaliguta<br>300/100/200<br><b>R,Rh:</b> Varza cu pui la cuptor si mamaliguta<br>300/120/200<br><b>Rs:</b> Varza cu sarmale de post si mamaliguta<br>300/120/200<br><br><b>Desert:</b> C,R,Rh,Rs: Prajitura Casei(60g)<br>1buc.<br><b>D,Dds:</b> Kiwi<br>1buc.<br><b>Rg,Rd:</b> Biscuiti Digestivi(400)<br>1/2buc | <b>Felul I:</b><br><b>C,R,D:</b> Mancare de fasole verde cu pui 300/80<br><b>Rh,Rg,Rd,Dds:</b> Sote de legume cu pui 300/80<br><b>Rs:</b> Mancare de fasole verde cu snitel soia 300/80<br><br><b>Felul II:</b><br><b>C,R,Rh,Rg,Rs:</b> Orez cu lapte<br>300<br><b>D,Dds:</b> Cacao cu lapte neindulcit<br>300<br><b>Rd:</b> Ceai de menta + Biscuiti (100g)<br>300/1buc |

SUPLIMENT DIABET, Rs, Rg, ora 10,00: Iaurt(130gr)  
SUPLIMENT DIABET: ora 16,00: Conserva peste(185g)  
SUPLIMENT DIABET: ora 20,00: Pate ficat(100g)

**Legenda:**

C -- comun

R -- regim desodat

Rh- regim hepatic

Rsp- regim special

Rd -- regim diareic

D -- diabet

Dds -- diabet desodat

Rg -- regim gastric

Intocmit:

As. Radu Cristina



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# MENIUL ZILEI – 03.10.2026 - TBC-MDR

Sambata

| Mic dejun: ora 08,15-09,00                                                                                                                                                                                         | Pranz: ora 13,00-13,45                                                                                                                                                                                                                                                                                                                              | Cina: ora 17,45-18,30                                                                                                                                                                                                                                                                                                                                                                 |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>C,R,D: Ceai, salam, cascaval<br/>300/100/100<br/>Rd, Rg: Ceai, paine prajita, cascaval<br/>300/100<br/>Dds: Ceai, unt, cascaval<br/>300/2buc/100<br/>Rs, Rh: Ceai, unt, gem, cascaval<br/>300/2buc/2buc/100</p> | <p><b>Felul I:</b><br/>C,R,Rh,D,Dds: Supa de pui cu taitei<br/>400/80<br/>Rs: Supa de rosii cu taitei<br/>400<br/>Rd,Rg: Supa de morcovi<br/>400</p> <p><b>Felul II:</b><br/>C,R,D,Dds: Gulas cu carne de porc<br/>300/100/200<br/>Rh,Rg,Rd: Sote de legume cu cu pui la cuptor<br/>300/120<br/>Rs: Brocoli cu smantana si cascaval<br/>300/100</p> | <p><b>Felul I:</b><br/>C,R,Rh: Paste milanaze cu sunca si ciuperci<br/>300/50/50<br/>Rg,Rd: Paste cu pui<br/>300/100<br/>Rs: Paste cu ciuperci<br/>300/100<br/>D,Dds: Sote de ciuperci cu pui la cuptor<br/>300/100</p> <p><b>Felul II:</b><br/>C,R,Rh,Rs: Compot de visine<br/>300<br/>D,Dds: Compot dietetic asortat<br/>300<br/>Rg: Ceai de menta + Biscuiti(100)<br/>300/1buc</p> |

**Desert:** C,R,Rh,Rg,Rs: Biscuiti(100g)

D,Dds: Nectarine  
Rd: Biscuiti(100g)

1buc  
1buc  
1buc

SUPLIMENT DIABET, Dds, Rg, Rs: ora 10,00: Iaurt(130g)

SUPLIMENT DIABET, Dds: ora 16,00: Branza Fagaras(185g)

SUPLIMENT DIABET, Dds: ora 20,00: Iaurt(130g)

Legenda:

C – comun

R – regim desodat

Rh- regim hepatic

Rsp- regim special

Rd –regim diareic

D – diabet

Dds – diabet desodat

Rg –regim gastric

Intocmit:

As. Radu Cristina

# SPITALUL DE PNEUMOTIZIOLOGIE FLOREȘTI

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## MENIUL ZILEI – 04.10.2026 – TBC -MDR

### Duminica

| Mic dejun: ora 08,15-09,00                                                                                                                                                        | Pranz: ora 13,00-13,45                                                                                                                                                                                                                                                                                                                                | Cina: ora 17,45-18,30                                                                                                                                                                                                                                                                                                                                                                         |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| C,R,Rh,D,Dds: Ceai,sunca pui,branza topita<br>300/100g./2buc<br>Rd,Rg: Ceai,paine prajita,branza vaci,ou fier<br>300//100g/1buc<br>Rs: Ceai,unt,gem,cascaval<br>300/2bu/2buc/100g | <b>Felul I:</b><br>C,R,Rh,D: Ciorba de pui a la grec<br>Rg,Rd: Supa de morcovi cu pui<br>Rs: Supa de legume cu fifea<br><br><b>Felul II:</b><br>C,R: Fasole batuta cu kaizer<br>Rh,D,Dds: Sote de legume cu pui<br>Rg,Rd: Sote de legume cu pui<br>Rs: Fasole batuta cu snitel soia<br><br><b>Desert:</b> C,R,Rh,Rs,Rg,Rd: Eugenia(35g)<br>D,Dds: Mar | <b>Felul I:</b><br>C,R,Rh: Orez cu ciuperci si pipote pui 300/80<br>Rd,Rh,Rg: Orez cu pipote pui la cuptor 300/80<br>D,Dds: Tocanita de ciuperci cu pipote pui si mamaliguta 300/80<br><br>Rs: Tocanita de ciuperci cu mamaliguta 300/200<br><br><b>Felul II:</b><br>C,R,Rh,Rs: Cacao cu lapte 300<br>D,Dds: Cacao cu lapte neindulcit 300<br>Rd,Rg: Ceai de menta + Biscuiti (100g) 300/1buc |

SUPLIMENT DIABET,Dds,Rg,Rs: ora 10,00: lăut(130gr) 1buc.  
SUPLIMENT DIABET,Dds: ora 16,00: Conserva peste(185g) 1buc.  
SUPLIMENT DIABET,Dds: ora 20,00: Pui pe plita 100g

### Legenda:

C -- comun  
R -- regim desodat  
Rh- regim hepatic  
Rsp- regim special  
  
Rd -- regim diareic  
D -- diabet  
Dds -- diabet desodat  
Rg -- regim gastric

### Intocmit:

As. Radu Cristina